



Aries New Moon

March 24th, 2020 5:28am EST

Major Themes for the New Moon in Aries:

- ~ Beginning of the astrological year
- ~ Making plans and taking action
- ~ Individuality and self-focus
- ~ Courage and bravery
- ~ Having fun and being spontaneous

Actions for the New Moon in Aries:

- ~ Spend time with fire, anything from building a bonfire to lighting a candle
- ~ Make a vision for the year ahead with goals, desires, and dreams
- ~ Take action towards your goals, even a small step is meaningful now
- ~ Dance, move, play, have fun!
- ~ Get outside of your comfort zone, set a precedent to be brave

Every New Moon holds a special energy for intention setting and new beginnings, even so the Aries New Moon can hold the greatest potential for a fresh start of all the New Moons. It marks a beginning of the astrological year, as Aries is the first sign of the zodiac and the New Moon is the symbol of beginnings. Aries season brings a sense of renewal. Just as spring energy emerges in the northern hemisphere, there is much potential to plant the seeds now that will lead to growth. Don't miss out on this opportunity to begin anew! Start the year off right!

If you are not a proponent of using the turn of the calendar year for making plans and setting goals, but still want to do this type of cyclical work, the New Moon in Aries is a different opportunity to do vision work for the year ahead. Even if you did already make a year plan at the beginning of January, now is the perfect time to check back in on that plan and see how you are following it, how you are falling behind, and where you are heading in a new direction that now requires a new map or envisioning. This is a great New Moon for making plans or readjusting plans.

Get ready to light things up! The Aries New Moon carries a drive for action and will crank up the satisfaction achieved from doing. You might even put some things on your to do list that you've already done just so you can start crossing things off the list right away! This is a time to start something new that has been brewing inside of you, or to find the sudden inspiration and ability to do something you've never done before. You're coming out of a dreamer phase with Pisces before this New Moon, so use those ideas, inklings, nudges, and fantasies you've been having to create and make things happen.

Aries is Fire energy so just a quick reminder that too much doing can cause burnout. Direct your resources wisely so that you're focusing on what you actually want/need to get done instead of doing simply everything you are capable of doing. You're capable of a lot right now, but even so you do still have limitations. When you're feeling drained recharge with a little quiet time just contemplating fire. Build a beautiful bonfire to stare into if you can, but a simple candle will also do the trick. Breathe in creativity and motivation, re-energize and relax yourself, and when you are ready, get back to work.

Aries represents the self, the I, the individual. This is a wonderful time to really focus on yourself, your wants, needs, desires, goals, and dreams. There's nothing wrong with a little self-centered energy at this time. When you get in touch with who you are, your values and beliefs, you are much better suited to then work with others and create healthy relationships. This is a great time to work on self-acceptance and self-validation. Make sure you are prioritizing yourself and then giving back to the world with an open and vibrant heart.

Aries energy gives you courage. Oftentimes, you don't take action towards your goals because you are fearful of taking that first step, or even the millionth step along your chosen path. This fear stems from leaving your comfort zone and taking risks. All the magic happens outside of the comfort zone, though, so use the Aries New Moon to give you courage to blast through your fear. The impulsive energy of Aries can help you here, as you don't need to stop to think about or feel your fear, but can simply forge ahead with determination and bravery.

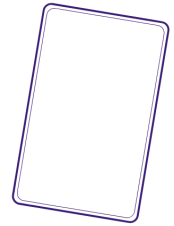
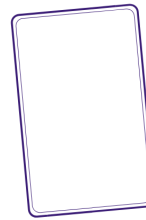
Lastly, Aries is a fun loving and spontaneous sign. Focusing on yourself, what you love, what lights you up, what you enjoy doing, lets the Universe know that you appreciate your life. This is great time to set intentions to have more fun, to play more, to be more creative, and to just be your authentic self. Have fun!

New Moon Reflection Questions:

The New Moon a wonderful time to do a tarot reading for yourself. Here are some questions you can use as prompts for the tarot or simply as a journaling exercise:

- ~ Which area(s) of my life should I focus my new beginning on right now?
- ~ Where do I need fire energy in my life to spark inspiration and creativity?
- ~ How are my plans for the year ahead developing and evolving?
- ~ How can I be more activated and activating?
- ~ What area of my life requires immediate action?
- ~ What can I do or create to express my personality and individuality?
- ~ What does it mean to be me? Who am I?!
- ~ How can I access my courage to push myself out of my comfort zone?
- ~ Where or how am I living in fear in my life?
- ~ How can I have more fun?
- ~ How can I express myself in fun, creative, and fiery ways?

New Moon in Aries



1. How are my plans for the year ahead developing and evolving?

3. How can I access my courage and push myself out of my comfort zone?

2. What area of my life requires immediate action?

The Willow Path Tarot

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Starting a New Moon Cycle: Reflecting on Your Intentions



What were your last New Moon intentions?

What have you been releasing since the last Full Moon?

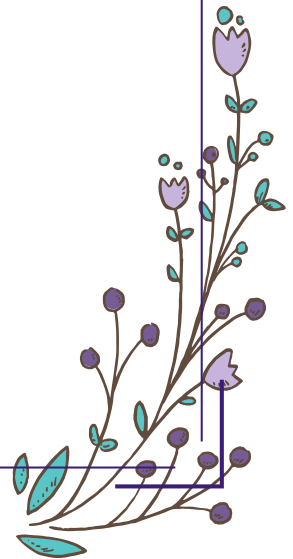
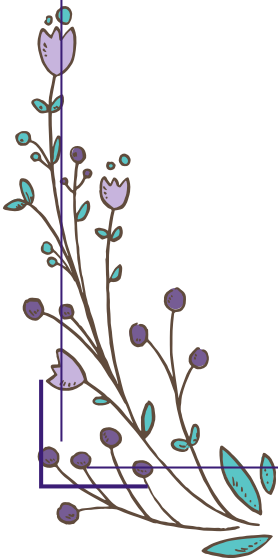
What insights did you gain this month?

The Good Stuff

How did you feel about your progress now? Are your intentions helping you work towards your goals? What is working well right now?

The Struggles

How have you struggled to live your intentions? What is keeping you from inner peace? What blocks or fears came up for you this moon cycle?





Setting New Intentions!



What are your intentions for this next Moon cycle? Why set these intentions?

What would you like to feel more of next cycle? and why?



What would you like to feel less of next cycle? and why?

What do you want to be true about yourself in a month?

How can you support self-awareness and inner peace this moon cycle?

Meditation:

Time in nature:

Technology use:

Other actions/support/resources:

